

NC Compulsory State Meet 2025

Southeastern @ Rocky River High School

December 13, 2025 - December 14, 2025

Session 1. Level 2 Ch A, Ch B, Ch C

Saturday, Dec 13, 2025

Ch C (DOB 01/14/2018-05/07/2018)

Ch B (DOB 05/08/2018-11/25/2018)

Ch A (DOB 11/26/2018-04/17/2020)

49 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 10:30 am

March In: 10:50 am

Awards: 12:25 pm

Session 2. Level 2 Jr A, Jr B, Jr C

Jr C (DOB on or before 04/05/2017)

Jr B (DOB 04/06/2017-08/21/2017)

Jr A (DOB 08/22/2017-01/13/2018)

50 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 12:40 pm

March In: 1:00 pm

Awards: 2:35 pm

Session 3. Level 3 Ch A, Ch B, Ch C

Ch C (DOB 09/26/2016-05/12/2017)

Ch B (DOB 05/13/2017-11/16/2017)

Ch A (DOB 11/17/2017-03/29/2019)

54 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 2:50 pm

March In: 3:10 pm

Awards: 5:15 pm

Session 4. Level 3 Jr A, Jr B, Jr C

Jr C (DOB on or before 09/30/2015)

Jr B (DOB 10/01/2015-05/04/2016)

Jr A (DOB 05/05/2016-09/25/2016)

54 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 5:30 pm

March In: 5:50 pm

Awards: 8:00 pm

Session 5. Level 4 Ch A, Ch B, Jr A

Sunday, Dec 14, 2025

Jr A (DOB 02/06/2016-07/21/2016)

Ch B (DOB 07/22/2016-01/26/2017)

Ch A (DOB 01/27/2017-07/02/2018)

43 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 9:00 am

March In: 9:20 am

Awards: 11:35 am

Session 6. Level 4 Jr B, Jr C, Jr D

Jr D (DOB on or before 02/11/2015)

Jr C (DOB 02/12/2015-09/24/2015)

Jr B (DOB 09/25/2015-02/05/2016)

43 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 11:50 am

March In: 12:10 pm

Awards: 2:25 pm

Session 7. Level 5 All

Sr B (DOB on or before 08/17/2014)

Sr A (DOB 08/18/2014-10/15/2015)

Jr A (DOB 10/16/2015-06/21/2017)

56 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 2:40 pm

March In: 3:00 pm

Awards: 5:40 pm